

# RAPHAOLOGY

Is

## *Peak Frequency Plant Medicine*

Based on over 40 years combined experience in the field  
of practicing the perfect balance of

- Phyto-medicine; Herbs
- Regenerating Phyto-nutrient Foods,
  - Light and Color Therapy, and
- Interactive Determination Therapy

Raphaology uses unique and indigenous formulas of plant medicines, combined with high enzyme, peak frequency foods and relaxing techniques to heal the whole body, allowing Awareness and Passion to enter the frequencies of mental and emotional peace.

RAPHAOLOGY has been used since the dawn of time and was taught by the Pharaohs of Aegypt (Egypt) as the most healing of all arts and sciences.

Connected with the names of the ancient Pharaohs themselves,  
RAPHAOLOGY is the study and practice of:

**RA:** the science of enabling the earth to progress to her peak frequency as a sun, and

**PHA:** the knowledge of bringing peak frequency light to all matter.

RAPHAOLOGY combines this ancient, timeless knowledge and practice with present day research for bringing state of the art techniques to the total healing level; integration of all memories, experiences, abilities, and forms.

Indigenous applications of ancient cultural practices restored through Raphaology can set the world free of today's modern dis-eases. For thousands of years indigenous practices; void of modern stressful, degenerative, and synthetic chemical lifestyles, have kept the ancient ones mentally, physically and emotionally healthy. Their knowledge and use of Creator given, natural medicines and their lifestyle teachings urge us modern inhabitants to return to organic, nutritive foods and engage in healthy practices. The current foundation for dis-ease is that it begins as a digestive system malfunction, allowing a weakness in our ability to neutralize the huge onslaughts of toxicity in our current world, and their resulting symptoms are what modern medicine has sought to control, not cure.

When we consider healing of any kind, which is a restoration of all body functions to their peak performance, we must first consider that we are more than what we eat, we are what we digest. We can take supplements or eat foods loaded with vitamins, minerals, or other nutrients, but if we are incapable of digesting their properties they are eliminated as waste or, more often stored and putrefy, becoming toxic. Regardless of the amounts or

types of supplements or nutrients we consume, if we cannot digest and utilize their content we may be causing harm or stress to organs or systems function.

Raphaology medicine combines the use of specific herbs with foods to repair the problem, thus eliminating the problem's symptoms, not treating the problem's symptoms. It all starts when a food substance has not been digested and proceeds to putrefy and produce toxic off gasses. Those toxins are transported by blood fluids throughout the body and become dis-easement where they lodge, encouraging acidity, lack of nutrient and oxygen absorption, bacterial presence, and damage. If those conditions exist in the lungs, modern medicine may call its symptom asthma, in the joints its symptom is called arthritis, in the pancreas it's called pancreatitis or diabetes, in the sinuses it's called allergies, and so on.

By using the herbs of Raphaology, called Peak Frequency Plant Medicine, the malfunctioning or damaged digestive organs can be repaired and restored to function, which will in turn remove toxic deposits and the symptoms, including pain and swelling, automatically disappear. Repairing damage is paramount in the healing process and restoring proper function to the organs and systems is what the human body is programmed to achieve, which it will always do unless the damaged organ is not repaired, or its function remains blocked. Pharmaceutical grade products may mask symptoms while the underlying problem grows worse, giving a false sense of health. True healing comes from the specific herbs (phytochemicals) that repair damage or support the body's ability to repair its own tissue and function.

The foods on the Peak Frequency Food List are high in enzymatic properties, rendering their nutrients readily utilizable and are intended to be boosting to the organ functions and used in conjunction with herbal properties that repair damage to digestive organs and hormone producing glands. Enzymes in foods play the most important role in digestibility. A food may be found under clinical conditions to be loaded with vitamins and minerals, but if these nutrients are not accompanied by enzymes their properties will go to "waste" in gastrointestinal conditions, producing toxins.

A verbal picture of this condition can be achieved by visualizing an apple and a pear being placed on your kitchen counter and left unattended for several weeks. Upon checking their status one will observe that within the subjected time frame the pear will have become a darkened, oozing, dented mass of mal-aromatically scented and decomposing heap of elements while the apple remains virtually the same as it had weeks earlier, and will continue to be so for many more weeks to come. The decomposing state of the pear indicates that high enzymatic content of its properties, readily releasing its nutritive compounds to the environment (digesting itself), while the low level of enzymes in the apple are stressful to the body in its efforts to produce enzymatic level appropriate for breaking down and utilizing the apple's properties, producing swelling, acidity, and pain. The foods suggested on the list are those highest in enzymes and nutrients and will boost organ function, provide energy to the body, mind and emotions, and help eliminate old stored foods that are causing stress, toxicity, and dysfunction; dis-ease.

Another word for enzymes in food is light. Literally the light from the sun that is collected and stored in plants contains the resource material that the human body uses to produce hormones. Our hormones are made from light. If we are light/enzyme deficient our hormones are correspondingly deficient. Therefore eating enzyme-less food causes hormone imbalances. Hormones are the direct fuel for organ function, without individual organ function our systems fail. Without hormone balance our emotions and thinking fail.

By determining where we have deficiencies we can repair and boost those hormone producing glands and restore function for organs with foods containing vast amounts of light, repairing any damage to organs or tissues with medicinal herbs. All herb and food requirements can be determined by using the map of the internal body's parts located on the bottom of the feet by accessing the nervous system that ends near the surface on the soles. We call this procedure Interactive Determination Therapy (ID Therapy). By communicating directly with the human body to determine what appropriate herbs and foods it needs, including their amounts, the healing process begins. It is finished when we are filled with light, and one by one, each gland, organ and system is restored to peak function, the hormones are balanced, emotions are stabilized and happy, thinking is de-stressed, we become aware and truly conscious of who we are and why we are here, release all fears, are empowered in taking action, and we are at peace within. Now every part of us is performing at our peak capacity, ability, and vitality. And we glow like a little sun.