



# Salt of the Earth

By Morning: Spirit: Wolf-D.R.M.

Every ounce of the approximate 4 ½ gallons of fluid in the human body is a saline based liquid. This means that our bodies must have the proper replacement for not just the fluids but also the composite of minerals that it needs to properly balance those fluids. Of them all, the mineral that is most widely consumed, but is most commonly *missing* in the human diet is pure salt; organic sodium chloride. If you thought that salt was harmful, you just didn't know about Real Salt™. Real Salt™ is the perfect combination and ratio of minerals for the human electrolytical system. By drinking just ¼ teaspoon of Real Salt™ dissolved in 1 cup of water it will balance electrolytes and restore any kind of body fluid loss, and reinstate many digestion and circulation imbalances.

While most salts start out as sodium chloride, they don't always end up that way. Normal table salt in the U.S. begins as water from the oceans polluted with millions of tons of poisonous chemicals. After the salt solution has been rigidly processed and bleached with harsh synthetic chemicals like Silico Aluminate, Potassium Iodine, Tri-Calcium Phosphate, Magnesium Carbonate, Sodium bicarbonate, and yellow prussiate of soda, it is kiln dried at temperatures reaching 1200 degrees Fahrenheit. This causes salt's natural organic state to change into an inorganic, harmful substance with its natural enzymes destroyed, and nearly all its trace minerals lost. The above mentioned unforgiving, synthetic chemicals are damaging your kidneys and preventing them from pH balancing your blood fluids. This dysfunction causes high blood pressure, fluid retention in tissues, debilitates lymphocytes (white blood cells) from removing harmful invaders and mutated cells, blocks enzymatic action of the liver to properly clean your food before sending nutrients to organs for their use, and pollutes your lungs, heart, pancreas, and spleen as well as all other aspects of organ and system functions.

The combination of added synthetic chemicals to table salt, and even sea salt, results in the formation of *arsenic*, a human poison, when it is cooked. Every pre-packaged food in a bag, box, jar, or can has used table salt as its preservative and has applied heat to its processing. Eating these convenience foods is slow poison for our organic bodies. It was not until about 50 years ago that major processing companies in the U.S. began to harshly process their salt that heart disease, diabetes, arthritis, cancer, and other chemical dis-eases began to increase in this country at an alarming rate. Prior to modern processing, salt was dried in the sun and used in its natural state. People in countries such as India, China, and Mexico that do not have expensive processing equipment for their salt also do not have heart disease and arthritis.

One of the most essential digestive fluids, hydrochloric acid, is made from salt which enables us to digest nutrients from foods. Without the proper amount of unadulterated salt hydrochloric acids will become harmful to digestive organs causing them to produce excessive mucous to protect themselves from being acid burned and damaged, resulting in the formation of ulcers, allergies, and malnutrition. Mucous plaque build-up in the colon (colitis, IBS), hardening of body and muscle tissues (inflammation), calcification of joints (arthritis), artery calcification and damage (atherosclerosis), and imbalanced blood pH (high blood pressure) all result from adulterated salt. During the kiln drying process natural organic calcium present in sodium chloride is damaged and becomes harmful calcifications inside the human body. Real Salt™ will not cause calcification, and will dissolve damaging calcium deposits anywhere in the body.

Saline, the natural state of pH balanced fluid inside the human body, can be exchanged with Real Salt™ dissolved in spring water. This is a natural replacement for blood fluids and can replenish human blood in place of blood transfusions. You MUST NOT do this with table salt. If you mix a spoonful of table salt in a glass of water and let it stand overnight and the salt collects on the bottom of the glass it has been processed. Natural salt dissolves in water, and if it cannot dissolve in water it cannot dissolve in your body and will collect in organs, arteries, joints, and ducts causing harmful deposits.

In 1976, American Orsa Inc. was formed to meet the growing nutritional needs of the trace minerals and natural salt that healthy bodies require. For years they had been mining natural mineral rock salt from an ancient deposit deep in the earth in Redmond, Utah. When the mountains were being formed there existed a super-saturated body of un-contaminated sea water, which congealed to form a great body of rock salt, capturing within the crystallization a number of wholesome minerals. It lay buried for thousands of years until early Red Man began to mine and process it for their own and animal use. American Orsa Inc. has followed the indigenous method and continued to produce natural salt free of synthetic and harsh additives and kiln drying, calling their product Real Salt™. It can be found in many health food stores across the nation.

Real Salt™ is taken from huge rock salt deposits where hand selected light pink blocks of mineralized rock salt are crushed, screened and then packaged under U.S.D.A. approved conditions assuring that the finest natural mineral salt is available today. It's delicate, sweet, and superior flavor enhances and brings out the natural flavor of foods, and greatly boosts the minerals lost from soil mineral depleted foods.



The approximate values of minerals and trace minerals in Real Salt™ taken from various analyses over several years are as follows:

Sodium Chloride	98.32%	Manganese	.0015%
Calcium	.40%	Phosphorus	.05%
Copper	.001%	Potassium	.12%
Iodine	.002%	Sulphur	.11%
Iron	.06%	Zinc	.0006%
Magnesium	.10%		

Each of the continents on this planet has a similar deep rock salt mineral deposit and your body needs the salt endowed by nature on your continent for its best health. Please make sure you are getting all the minerals with your salt that you already thought you were getting when you asked for salt.

Suggested uses for Real Salt™:

1. Sprinkle on raw foods and after they are cooked.
2. ¼ teaspoon in a glass of warm water for headache and indigestion, and first thing in a.m. to neutralize acidity, balance electrolytes, reduce blood pressure, and reduce varicose veins.
3. ¼ teaspoon in a glass of warm water for sore throat gargle
4. 1 teaspoon in quart of warm water for irrigation of sinus (allergies) and lungs (asthma), or taken orally to promote bowel movement.
5. 1 teaspoon in quart of warm water for wound cleansing, athlete's foot, dandruff, etc.