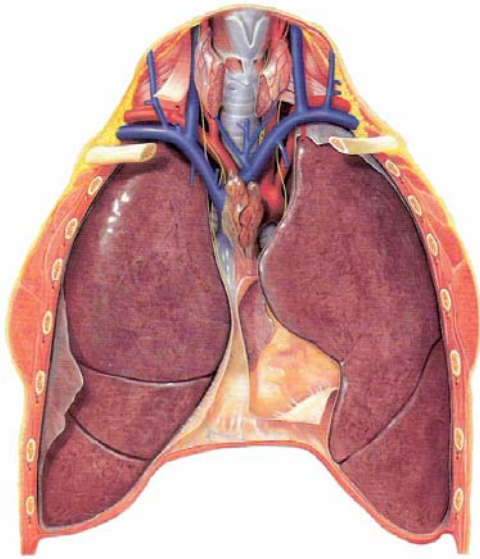
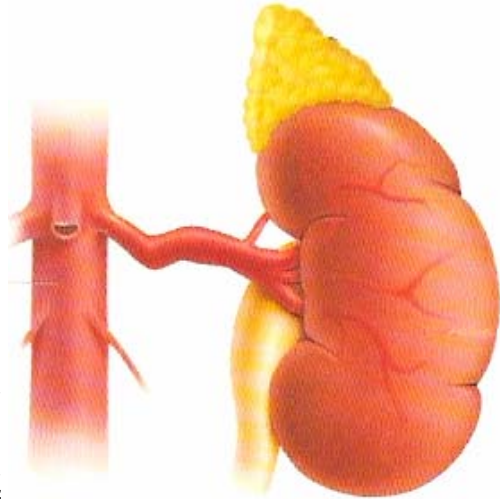


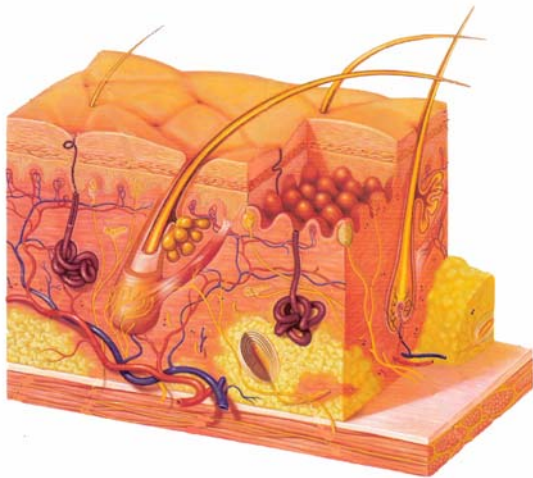
4 Ways Toxins Leave the Body



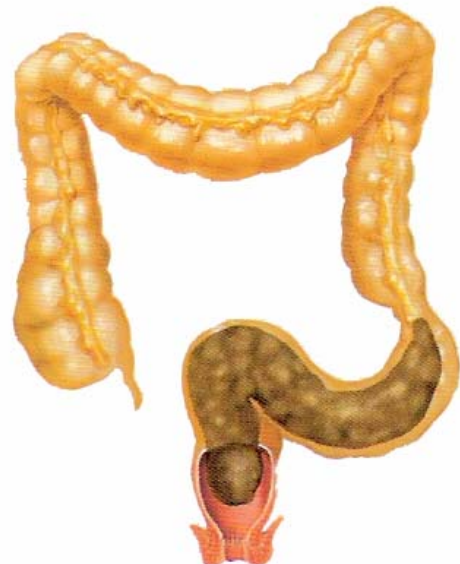
Lungs remove toxins through the exchange of air and moisture that you breathe, i.e. by coughing, bad breath, mucous, and heavy breathing.



Kidneys & Adrenals remove toxins via the bladder through urine. All bacteria, virus, and fungi travel through blood fluids, where a healthy set of kidneys will properly dispose of them.



Skin removes toxins through tissues, sebaceous glands, and follicles by way of fever, sweat, rash, hives, acne, boils, eczemas, etc.. Our largest organ protects the body from all topical pollutants and attackers.



Colon (Large Intestine) is where death starts or life begins again through detoxification. Friendly and unfriendly bacteria (flora & fauna) balance waste in mucous that engulf toxins and transport them out of the body.